

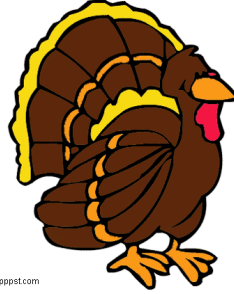





November 2009



Mon	Tue	Wed	Thu	Fri
<p>2 Breakfast Pizza Fresh Fruit, Juice</p> <p>Breaded Chicken on Wheat Bun Or Turkey & Cheese Wrap French Fries, Carrot Raisin Salad Fruit Cocktail</p>	<p>3 Chicken Biscuit Fresh Fruit, Juice</p> <p>Spaghetti or Steak Nuggets Mixed Green Salad Mandarin Oranges & Pineapple Green Beans, Wheat Roll</p>	<p>4 Scrambled Eggs Bacon, Toast, Fruit, Juice</p> <p>Oven Fried Chicken or Egg Roll Brown Rice, Carrot Coins Green Peas, Banana Wheat Roll</p>	<p>5 Muffin, Oatmeal Fresh Fruit, Juice</p> <p>Corndog or Chicken Salad To Go Plate California Steamed Veggies Corn on the Cob, Pears, Doritos</p>	<p>6 French Toast Sticks Sausage, Fruit, Juice</p> <p>Pizza or Beefaroni Mixed Green Salad Steamed Squash, Grapes Sugar Cookie</p>
<p>9 Ham & Cheese Croissant Fresh Fruit, Juice</p> <p>Sloppy Joe on Wheat Bun or Fish on Wheat Bun Baked Beans, Baked Potato Canned Peaches, Sun Chips</p>	<p>10 Scrambled Eggs, Toast Grits, Bacon, Fruit, Juice</p> <p>Taco Salad or Chicken & Cheese Quesadilla Brown Rice, Refried Beans Pineapple, Brownie</p>	<p>11</p> <p>Veteran's Day</p> 	<p>12 Waffle Sticks, Sausage Fresh Fruit, Juice</p> <p>Meatloaf or Sliced Ham Mashed Potatoes, Cornbread Collard Greens, Orange Wedges Applesauce Cake</p>	<p>13 Cheese Toast, Grits Fresh Fruit, Juice</p> <p>Steak Nuggets or Pizza Sweet Potatoes Green Beans, Banana Wheat Roll</p>
<p>16 Ham Biscuit Fresh Fruit, Juice</p> <p>Hot Dog on Wheat Bun w/Trimmings or Beef Hoagie WK Corn, Steamed Broccoli Mandarin Oranges, Sun Chips</p>	<p>17 Cinnamon Toast, Yogurt Oatmeal, Fresh Fruit, Juice</p> <p>Beef Stew or BBQ Brown Rice, Black-eyed Peas Mixed Green Salad Peaches, Cornbread</p>	<p>18 Scrambled Eggs, Bacon Toast, Fresh Fruit, Juice</p> <p>Chicken Tetrazzini or Grilled Cheese w/Baked Chips California Steamed Veggies Green Peas, Banana, Wheat Roll</p>	<p>19 Breakfast Burrito Fresh Fruit, Juice</p> <p>Beef Nachos w/ Trimmings Or Pizza Mexican Brown Rice Chili Beans, Pineapple</p>	<p>20 Jelly Biscuit Fresh Fruit, Juice</p> <p>Chicken Fingers or Hamburger on Wheat Bun Potato Wedges, Parmesan Salad Apple, Wheat Roll, Cookie</p>
<p>23</p> 	<p>24 Weather Days November 23rd & 24th</p>	<p>25</p> 	<p>26</p> <p>Thanksgiving Holidays November 25-27</p>	<p>27</p> 
<p>30 Breakfast Pizza Fresh Fruit, Juice</p> <p>Breaded Chicken on Wheat Bun Or Turkey & Cheese Wrap French Fries, Carrot Raisin Salad Fruit Cocktail</p>			