

When to Keep Your Sick Child Home



For the protection of your child, as well as other children, keep your child home if he/she:

- Has a fever
- Is too sick to take part in all normal school activities
- Has a suspected or known communicable disease (ie. strep throat, pink eye, chicken pox, or any other undiagnosed rash).

Keep them home until they are no longer infectious. Please let the school know your child's symptoms.

For further information call your local health unit.

A Message From Your School Nurse.
www.fraserhealth.ca

Flu Season is Here



Each year an influenza vaccine is developed to protect against expected flu strains and it is recommended that everyone receives it. Listed below are some of the people who qualify for free vaccine:

- Children and adults with chronic medical conditions
- People who live with seniors, adults, or children with chronic medical conditions
- Healthy children between the ages of 6 - 23 months
- Pregnant women in their 3rd trimester

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