

Rel-7 How to Do Scripture Reflections

Write 3 paragraphs (or more) on the assigned passage. Use the Head/Heart/Action model described below.

After you prayerfully read the assigned Scripture passage.

1. Write one paragraph (5 sentence minimum) or more summarizing what the passage was about. Think – Summarize – **Head**
2. Write one paragraph (5 sentence minimum) about how the passage makes you feel or touches you spiritually, and explain about that feeling, and why you feel that way. Emotion – Feeling – Touched Spiritually – **Heart – Think of using “I feel ...”** (Do not write in this paragraph about what it makes you think.)
3. Write one paragraph (5 sentence minimum) applying the passage to your life. What kind of action does it make you want to take? Is there a change that you need to make in your life? Something you need to start doing? Something you need to stop doing? Apply to Life – **Action – Think of using “I want to ...”**

Here is an example Scripture Reflection from Acts 2 – Pentecost

Acts 2 is about the apostles being filled with the Holy Spirit and sharing it with others. Even though people did not speak the same language as the apostles, they could still understand them. So many people were touched by the Holy Spirit through the preaching of the apostles and the miracle that day that 3,000 were baptized.

I felt excited and inspired reading this passage. The new Church was blessed by the miracle of understanding their speech, and many became Christian. It makes me feel joyful about our faith, and I want to share it with others.

This passage makes me respect my Baptism more. I want to tell others about the Holy Spirit and the first Pentecost. I want to share more of my faith the way the apostles did that first Pentecost. They were our first examples of living a Christian faith. I want to be like them in my life as well.

An alternative second and third paragraph could be:

I felt angry and sad that people witnessed the miracle, and many still didn't believe. They accused the apostles of being drunk. They did not recognize the Holy Spirit at work all around them. Their hearts were closed, and they did not receive the grace of Baptism.

This makes me want to learn more about my faith. I want to be ready to share it with others when God gives me the opportunity. I want to help people to know this wonderful gift that they can have, if they just choose it and open their hearts.