



SANGER WARRIORS

2009 CVAL GIRLS/BOYS CROSS COUNTRY SCHEDULE



| | DATE | LOCATION/OPPONENT | RELEASE | BUS | TIME |
|--------|-------------|--|----------------|------------|-------------|
| Wed. | 9/2/09 | Clovis Invitational Woodward Park | TBA | TBA | TBA |
| Thurs. | 9/10/09 | Burris Park, Kingsburg JFK, W. Wilson, Foothill | 1:40 | 1:50 | 3:30 |
| Thurs. | 9/17/09 | Avocado Lake W. Wilson, Rio Vista, JFK | 2:00 | 2:10 | 3:30 |
| Thurs. | 9/24/09 | Desmond Invitational Town & Country Park, Madera | 1:40 | 1:50 | 3:30 |
| Thurs. | 10/1/09 | Town & Country Park, Madera MLK, Desmond, El Capitan, Foothill | 1:40 | 1:50 | 3:30 |
| Thurs. | 10/8/09 | Desmond Relays Town & Country Park, Madera | 1:40 | 1:50 | 3:30 |
| Thurs. | 10/15/09 | Avocado Lake MLK, Rio Vista, T. Jefferson | 2:00 | 2:10 | 3:30 |
| Thurs. | 10/22/09 | CVAL Championships Town & Country Park | 1:40 | 1:50 | 3:30 |

* Practice is held Monday-Friday on the WAMS track from 3:30-5:30

Head Coach: Gilbert Fierro

GO WARRIORS!

