

SANGER UNIFIED SCHOOL DISTRICT MIDDLE SCHOOL SPORTS PHYSICALS

Sports physicals will be available for all 4th - 8th grade student-athletes participating in the Sanger Unified School District athletic program. Physicals will be held at:

**WASHINGTON ACADEMIC
MIDDLE SCHOOL (WEST GYM)
THURSDAY, AUGUST 6, 2009
FROM 6:30 - 8:30PM
COST: \$10**

ALL PROCEEDS WILL BENEFIT THE ATHLETIC PROGRAM

All 4th – 8th grade student-athletes participating in sports throughout the year are encouraged to take advantage of this opportunity. This will be the only time physicals will be offered through the district. **If you do not have a physical, you cannot PLAY OR PRACTICE!**

Please complete the “*Washington Academic Middle School 6th, 7th & 8th Grade Injury, Physical, Insurance, and Parent Consent Form*” and bring it with you to the physical. Local physicians will be conducting the physicals. If you have any questions or concerns, please contact Allyson Niino at Washington Academic Middle School at 559.875.5561.

All 6th – 8th grade student-athletes must complete the following items before participating in a sport:

1. Get a physical from a doctor (make sure it is signed by the doctor!)
2. Have parent/guardian sign the consent area of the physical form
3. Complete insurance carrier and policy number information on the physical form
4. Turn your physical form into your coach or to the athletic department.

NOTE: All physical forms for non-WAMS 4th-8th grade athletes will be collected and sent to their school. Completed forms will not be returned to the athlete the night of the physicals.





2009 SANGER WARRIORS FALL SPORTS



Listed below are the practice start dates, time, and practice sites for fall sports. All athletes are encouraged to attend the first practice at the designated time and place. Athletes must have a physical and be academically eligible to try out.

FOOTBALL

7th – 8th teams:

Start date: Monday, August 10, 2009

Time: 3:30-5:30

*All players will meet on Dayton Field next to the track.

6th grade teams:

Start date: Tuesday, August 25, 2009

Time: 3:15-5:15, Monday, Tuesday, Thursdays

There are two 6th grade teams this year: Chiefs and Braves. Any 6th grade student attending WAMS will be allowed to tryout for the 7th grade team



GIRLS VOLLEYBALL

Start date: Monday, August 10, 2009

Time: 3:30 – 5:30 p.m.

Place: West Gym at WAMS

6th Grade Teams:

Start date: Monday, August 25, 2008

Time: 3:15-5:15p.m., Monday, Tuesday, Thursdays

Place: East playground blacktop

*There are two 6th grade teams this year: Chiefs and Braves. Any 6th grade student attending WAMS will be allowed to tryout for the 7th grade team.



BOYS & GIRLS TENNIS

Start date: Monday, August 10, 2009

Time: 3:30 – 5:30 p.m.

Place: south tennis courts at WAMS (by pool)

*Any 6th grade students attending WAMS will be allowed to tryout for the tennis team.



BOYS & GIRLS WATER POLO

Start date: Monday, August 10, 2009

Time: 3:30 – 5:30 p.m.

Place: WAMS pool

*Any 6th grade student attending WAMS will be allowed to tryout for the water polo team.



BOYS & GIRLS CROSS COUNTRY

Start date: Monday, August 10, 2009

Time: 3:30 – 5:30 p.m.

Place: Dodson Track at WAMS

*Any 6th grade student attending WAMS will be allowed to be on the district cross country team as well as the 6th grade cross country team.



NOTE: All dates and times are subject to change. Please visit our school website to check the status of time and location.

<http://teacherweb.com/CA/SangerWAMS/Principal/SDHP1.stm>