

Florence Sawyer School  
Bolton, MA 01740  
January 22, 2008



Dear Fifth Grade Parent/Guardians,

There is high level of interest in hula hooping at the fifth grade level. I am going to pilot a new program called "Hoopnotica" with any interested students in grade five. It involves learning a variety of ways to hula hoop as well as turning and walking while hooping. It will be held before school on Thursday mornings for six weeks in the gym from 8:00-8:30. There is no cost for this program. Students will need to be dropped off at school just before 8:00 AM for the program. They will enter through the front door and go directly to the gym. They will report to homeroom at 8:30.

The hoop dance program will include instruction via DVD and practice sessions with music. I have purchased the level one program from a company called "Hoopnotica". The address of the website is <https://www.hoopnotica.com/>. The company sells instructional DVD's, companion music CD's and decorative hoops. Our school hoops are the correct size and weight for the program. If there is interest and students want to purchase the decorative student hoops from the program I will do a group order. The special hoops and shipping will probably cost about \$20 each. Students will then be able to practice the skills at home.

If there is a weather-related delay of school opening the program for that day will be cancelled. The dates of the scheduled program are:

Thursday Jan 31  
Thursday Feb 7  
Thursday Feb 14  
Thursday Feb 28  
Thursday Mar 6  
Thursday Mar 13

Any student who meets the eligibility requirements stated in the handbook can participate in this program with your written permission on the attached slip. Any questions can be sent to me through email at [kcavaioli@nrsd.net](mailto:kcavaioli@nrsd.net). I look forward to working with the students.

Sincerely,  
Mrs. Cavaioli

This letter and emergency form are also available on my webpage within the Florence Sawyer School website.