

Dear 4Su Families:

Our recent Open Circle lessons have focused on helping student to understand the situation in school that require the immediate intervention of a teacher or another responsible adult. We learned to identify **Double D's**. These are behaviors that are **dangerous** (someone might get hurt) or **destructive** (something might get broken, damaged or destroyed; or mean teasing or bullying). It is always important for a student to tell a teacher or other adult when they observe a Double D behavior in school. For example, Double D's might include running across the street at recess to get a ball, climbing a tree on the playground, standing on a folding chair to reach a book in the classroom, writing in a library book, throwing snowballs or chunks of ice, or being part of a group of kids picking on another child day after day at recess.

We also talked about some ways students can deal with situations themselves when someone is annoying them and it is not a Double D situation. For example, another student might cut into line or make noises while others are working. Two steps for dealing with annoying behavior are:

- Describe the behavior that is annoying you and explain why it bothers you.
- Say what you want the other person to do.

Students were assured that they can always come to adult for help if they cannot deal with a situation on their own.

At home, try to identify behaviors or situations in terms of Double D's. Ask your child, "Is that a Double D?" If it is, compliment him/her on telling an adult. If it is not a Double D, help your child to follow the two steps listed above. You also might want to help your child identify responsible adults who he/she could tell about a Double D behavior at places other than school and home.

Yours truly,

Ms. Sullivan