

Character Movement Worksheet

The manner in which your character moves is one of the most important aspects of characterization. Entire characters have been built around a characteristic gesture, or **master gesture**. Most characters lead with the parts of their bodies that reflect their nature. This is known as a **leading center**. Before

determining a master gesture or leading center, however, consult the script.

To gain a better understanding of your character's body and the way you move, ask yourself questions such as those posed here.

1. What is my posture like?

2. How do I walk?

3. How do I gesture?

4. What are my distinctive facial expressions?

5. Do I have a master gesture? What is it?

6. What are the rhythm and tempo of my movements?

7. Do I have a leading center? What is it?

8. Do I have any difficulty moving?

9. How does emotion affect my movements?

10. How do my movements reveal what I am thinking or feeling?
