



Highcroft Drive Elementary School Physical Education 2005-2006 Second Grade Pacing Guide



First Quarter (* Major Assessment)

Establish learning environment
(2.2.1)

Space Awareness
(2.4.1), (2.2.1)

Dodging Obstacles
(2.4.1)

*Understand and demonstrate the basic movement concepts of space and relationships in a physical education setting
(2.4.1)

Locomotor skills
(2.3.2)

*Demonstrate mature form in skipping, galloping, leaping, and sliding
(2.3.2)

Volleyball lead-up skills (2.3.1)

Hand Dribble (2.3.1)

Second Quarter (* Major Assessment)

Fitness games and activities
(2.1.1), (2.1.2)

*Recognize the physiology indicators that accompany moderate to vigorous physical activity.
(2.1.2)

Complete two or three components of a health related fitness assessment.
(2.1.1)

Throwing and catching
(2.3.1)

*Demonstrate and verbalize 2-3 of the essential elements of catching and throwing in a smooth and continuous motor sequence.
(2.3.1)

Balancing
(2.3.2)

Third Quarter (* Major Assessment)

Weight transfer
(2.3.3)

*Demonstrate control in traveling, weight transferring and balance activities on a variety of body parts.
(2.3.2)

Simple Dances

Jump rope skills

*Work cooperatively with others to complete an assigned task.
(2.2.2)

Participate in Jump Rope For Heart

Hockey stick handling
(2.3.1)

Fourth Quarter (* Major Assessment)

Striking with paddles & bats
(2.3.1)

*Demonstrate and verbalize 2-3 of the essential elements of striking in a smooth and continuous motor sequence.
(2.3.1).

Kicking and foot dribbling
(2.3.1)

*Demonstrate and verbalize 2-3 of the essential elements of kicking in a smooth and continuous motor sequence
(2.3.1).

Chasing and Fleeing games
(2.3.3),(2.2.1)

Ongoing

Apply rules and safe practices requiring little or no reinforcement from adults or peers. (2.2.1)