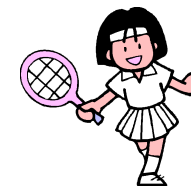


Highcroft Drive Elementary School Physical Education 2005-2006 Kindergarten Grade Pacing Guide



First Quarter (* Major Assessment)

Establish learning environment
(K.2.1)

Space Awareness
(K.2.1)

*Demonstrate the ability to move safely in general space and to follow instructions during a game situation (K.2.1).

Locomotor skills (K.3.2)

*Demonstrate locomotor skills of skipping, galloping, leaping, and sliding (K.3.2)

Establish a beginning movement vocabulary (K.4.2)

Second Quarter (* Major Assessment)

Fitness games and activities
(K.1.1)

*Recognize two appropriate sites on the body to monitor the heart rate (K.1.1)

* Sustain moderate to vigorous physical activity for short periods of time (K.1.2)

Throwing and catching (K.3.1)

*Demonstrate and verbalize some of the essential elements of catching and throwing (k.3.1)

Balancing (K.3.3)

*Demonstrate creative and stable balances (K.3.3)

Third Quarter (* Major Assessment)

Rolling (K.3.3)

*Demonstrate a forward rolling pattern (K.3.3)

Simple Dances (K.3.2)

Jump rope skills (K.3.2)

*Demonstrate combination skills while participating in games and activities (K.3.2)

Participate in Jump Rope For Heart

Hockey stick handling (K.3.1)

Fourth Quarter (* Major Assessment)

Striking with implements (K.3.1)

*Demonstrate and verbalize some of the essential elements of striking (k.3.1).

Kicking (K.3.1)

*Demonstrate and verbalize some of the essential elements of kicking a ball (K.3.1).

Chasing and Fleeing games (K.3.2)

Field Day

Ongoing

Sustain moderate to vigorous physical activity for short periods of time (k.1.2)
Develop listening skills and the ability to follow instructions in sequence during a game situation (k.2.1)