







Chartwells Elementary Menu 2008-2009

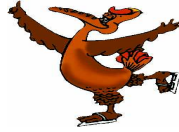
Choose from one of our Daily Specials \$4.00 includes Milk or Juice

		Monday	Tuesday	Wednesday	Thursday	Friday
		Soft Chicken Taco with Rice, Corn, Milk or Juice	Beef, Tomato, & Macaroni Bake with Side Salad, Milk or Juice	Soup of the Day, 1/2 Grilled Cheese Sandwich, Milk or Juice	Sweet & Sour Chicken with Rice, Carrots, Milk or Juice	Spaghetti, Veggies & Dip Milk or Juice
		Hawaii Pizza Slice, Veggies & Dip, Milk or Juice	Chilli & Nachos 250ml Milk or Juice	Garlic Fingers with Donair Sauce, Pudding Cup, Milk or Juice	Three Cheese Pizza Slice, Apple Slices, Milk or Juice	6" Pizza Sub, Veggies & Dip Milk or Juice
		Ham & Cheese Mini Sub, Side Caesar Salad, Cookie, Milk or Juice	Hot Dog, Baked Taters, Milk or Juice	Chicken Burger, Orange Slices, Milk or Juice	Turkey Sandwich, Pudding Cup Milk or Juice	Chicken Nuggets, Oven Baked Fries, Milk or Juice
	GRAB & GO!!!	Cinnamon Bun \$1.50	Waffles & Berries \$2.50	Sunrise Sandwich \$2.25 Hash Brown .50	Fruit Smoothie \$2.50	Surprise Muffin \$1.00

BEVERAGES

Small(250 ml) White or Chocolate Milk	0.55
Large (500ml) White or Chocolate Milk	1.10
500 ml Water	1.25
Apple 341 ml Can Juice	1.25
Orange 341 ml Can Juice	1.25
Fruit Blend 341 ml Can Juice	1.25
Apple 114 ml Juice	0.75
Orange 114 ml Juice	0.75

Always There... Always Fresh



Hamburger	2.00
Cheeseburger	2.50
Chicken Burger	3.00
Grilled Cheese on Whole Wheat	2.50
Mini Pizza	1.75
Pizza Pocket	1.75
Baked Taters	2.50

HOT FOODS

MISC. ITEMS

Ham & Cheese Sandwich	\$2.75	Veggie Bags	1.50
Grilled Chicken Wrap	\$3.75	Berry Yogurt Parfait	1.50
Tossed or Caesar Salad	\$1.25/\$2.50	Apple Wedges	1.50
Muffin	0.80	Veggie & Cheese Bag	2.00
Carnival or Chocolate Chip Cookie	0.50	Oatmeal to Go	1.35
Cereal Bars	1.35	Baked Lay's	1.35
Toasted Bagel	1.50	Baked Doritos	1.35
Fresh Fruit	1.25	Baked Cheddar & Sour Cream	1.35
Caramel & Vanilla Ice cream Bar	1.50	Flat Earth Garlic Herb	1.35
Skinny Cow Fudge Bar	1.50	Flat Earth Tomatoe Ranch	1.35
		Crispy Minis	1.35

Meal Plans

Balanced Choice Meal Card only \$40 Buy 10 Specials & get the 11th Special FREE

When ordering please place orders in an envelope or baggie with your child's name, classroom and choice using correct change.

Please indicate which special and type of beverage. All specials are \$4.00.