

## Warmup/Step Warmup/Step Orientation

Bench Direction	Song	Artist	Release
—	1 One Day In Your Life 2 Aint It Funny 3 Everbody		Bodystep 50
—	1 Time After Time 2 Get Over You 3 Same Old Brand New You	1 Novaspace 2 Sophie Ellis-Bextor 3 A1	Bodystep 51
—	1 Music Gets The Best of Me 2 Whatchalookinat 3 Weve Got It Going On		Bodystep 52
—	1 Everybodys Free 2 Strength Of A Woman 3 Alive		Bodystep 53
—	1 Better Get Ready 2 If You Wanna Dance 3 You Spin Me Round		Bodystep 54
—	1 Venus 2 U Talkin To Me 3 Slave To The Music		Bodystep 56
—	1 Toxic 2 Independent Women 3 Wild Boys		BodyStep 58
—	1 Superstar 2 I'm Right Here 3 Born to Be Alive	1Karaka 2Samantha Mumba 3Voyage 2000	Bodystep 59
—	1 Lets Get It Started 2 Ride It 3 Groove Your Body	Les Mills	Bodystep 60
—	1 A Little Bit of Action 2 Caught Up 3 I Believe In A Thing Called Love	Les Mills	Bodystep 61
—	1 Tilt Ya Head Back 2 U-Turn 3 Filthy Gorgeous	Maximum/Usher/Jackie 'O'	Bodystep 62
—	1 Get It On (Bang A Gong) 2 Pon De Replay 3 More Than A Feeling	Dj Denzi/Rihanna/Miximum	Bodystep 63
—	1 Start Me Up 2 Love Is A Crime 3 Life Is A Highway	Dj Denzi/Anastacia/Rhythm Twins	Bodystep 64
—	1 When Will I Be Famous 2 Watching You 3 Just What I Needed	1 Rhythm Twins, 2 Rogue Traders, 3 Kopykatz	Bodystep 65
	1 Are You Ready? 2 Walk Away 3 Hitchin' A Ride	1 Buckwild 2 Kelly Clarkson 3 Jon Banks	Bodystep 66
—	1 All Fired Up 2 A Public Affair 3 Down Under	1 Buckwild 2 Jessica Simpson 3 Buckwild	BodyStep 67
	1 New Sensation 2 My Love 3 I Dont Feel Like Dancing	1 OneZeroOne 2 Justin Timberlake 3 Double A	BodyStep 68
—	1 Are You Ready 2 Somethin Serious 3 Everyones A Winner	1 Kracked Image 2 Audio Club 3 Maximum	Bodystep 69
—	1 Gonna Have A Good Time 2 This Ain't A Scene.... 3 Play That Funky Music	1 Hard Out Crew 2 Fall Out Boy 3 Southern Light	Bodystep 70
	1 Keep It Coming 2 Do It Well (Moto Blanco Club Remix) 3 You Ain't Seen Nothin' Yet	1 Rhythm Twins 2 Jennifer Lopez 3 Pyramid Kid and DJ Locked	BodyStep 71