

A Time You Were Scared/Afraid

Directions: Follow the steps below to prepare to write a personal narrative about a time when you were scared or afraid.

What lesson or lessons did you learn from the experience?

What moment or specific thing made you realize this lesson?

Be sure to keep your "lesson learned" in mind while thinking about the elements of your story:

1. Where were you? (Where will this story be set? Who are the characters in your story? Give a brief idea of what is going on in this story. When did you learn your lesson? Back up just enough to fill us in on the details.)

2. What happened first? (Give some details leading up to the MOMENT you will be writing about – not information about the WHOLE DAY.)

3. What happened next? (The climax of your story should be the MOMENT you are writing about.)

4. What happened last? (How did everything work out? Be sure to wrap up the story)

5. What were you thinking? What was your lesson learned (This part shows that you actually "grew" from your experience – your lesson learned proves that your MOMENT was worth writing about. Keep in mind – if you did not learn or gain anything from an experience, there is no reason to write about it.)

Now that you have the basic outline of your story, think about the places you can add a Ba-Da-Bing. Try for one per paragraph. The challenge will be to put them in without using the words my feet, I saw, and I thought. Use the thesaurus if you need to.

1.

2.

3.

4.

Don't forget to use IMAGERY. Describe what you heard around you, what you felt, what you saw, could you taste the fear? Describe it - make your reader feel what you were feeling.