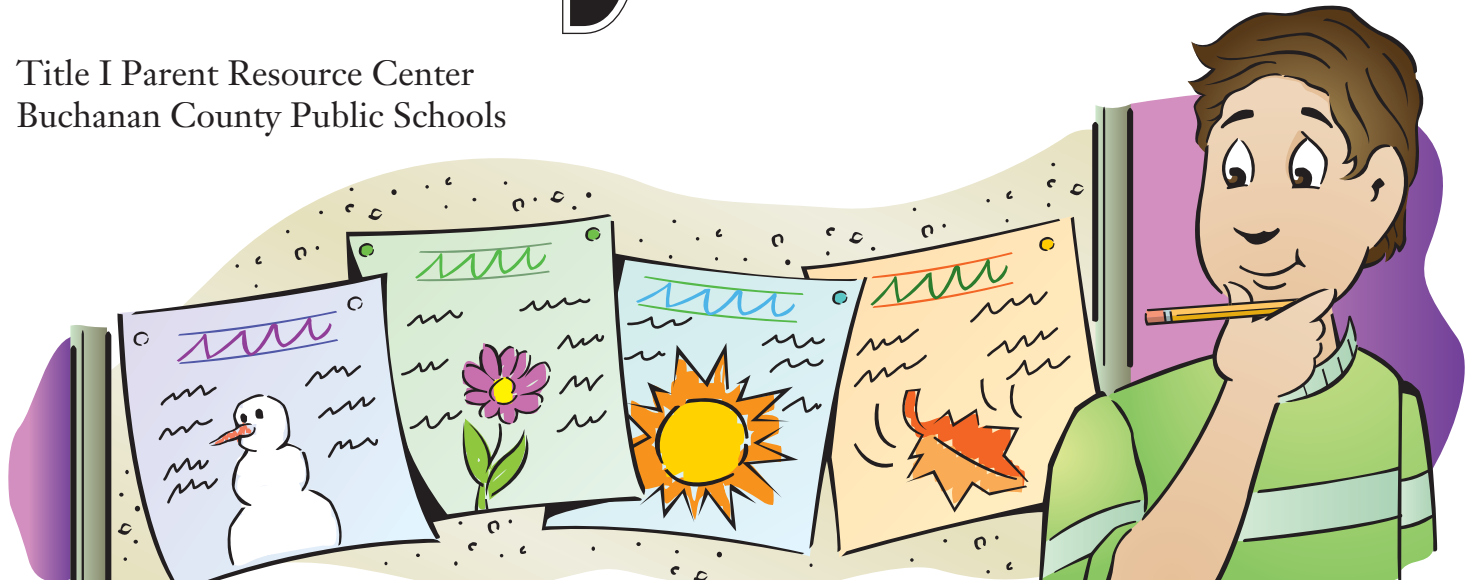


# Parent & Child Activity Calendar

## Elementary School

Title I Parent Resource Center  
Buchanan County Public Schools



THE PARENT INSTITUTE®

### Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>December</b>		<b>1</b> Look in the newspaper for a listing of free holiday events. Plan to attend one this month.	<b>2</b> Plan to spend some one-on-one time with each child this month. Write the dates on your calendar.	<b>3</b> A rebus is a story that replaces some words with pictures. Make a rebus with your child.	<b>4</b> Choose a number, then have your child list all the things she can think of that come in that number.	<b>5</b> Do holidays have you stressed? Share the responsibility with your child. When he helps, he appreciates them even more.
<b>6</b> Make a TV viewing schedule with your child this week. Use it to plan how you'll both limit your viewing.	<b>7</b> Plan a week of alphabet dinners—serve foods that start with the same letter. Choose a different letter each day.	<b>8</b> Today, have your child teach you something she needs to learn for homework. It's a great way to reinforce learning.	<b>9</b> Teach your child how to make paper snowflakes. Fold paper or coffee filters and cut shapes. Decorate your windows with them.	<b>10</b> Trace your child's body on a big piece of paper. Then have her research and draw the inside!	<b>11</b> This holiday season, do something nice for others as a family.	<b>12</b> Take your child out for breakfast, or make it together this morning.
<b>13</b> Bake cookies with your child. If you're doubling a recipe, have your child do the math.	<b>14</b> Visit the library. Check out a book about holiday traditions around the world.	<b>15</b> When you're in the car, have your child estimate how far it is to your destination. Check using the odometer.	<b>16</b> Keep track of everything you eat for a day. What changes would you like to make?	<b>17</b> Play a game of "Concentration" with math flash cards. Problems with the same answer ( $9 \times 2$ , $15 + 3$ ) make a pair.	<b>18</b> Plan a late bedtime so everyone can read in bed. Everyone tells what they will be reading before they begin.	<b>19</b> Think of something nice your child can do for a neighbor or older friend.
<b>20</b> Set aside time today to work on craft projects with your child. Perhaps she can give these as gifts.	<b>21</b> Today is the Winter Solstice. Check the paper to see how many hours of daylight there will be today.	<b>22</b> As school vacation approaches, have your child make a list of things to do when there's nothing to do.	<b>23</b> Watch a TV program with your child. Make a graph of the time spent on commercials vs. the program.	<b>24</b> Read a favorite holiday story, poem or religious story with your child.	<b>25</b> Talk with your child about the very best present she ever received. What made it special?	<b>26</b> Enjoy some outdoor physical activity as a family today.
<b>27</b> Have a "backwards day." Put on pajamas after you get up. Eat breakfast food for dinner.	<b>28</b> Visit the library. Check out a biography about someone interesting from another country.	<b>29</b> Kids bored? Have them take turns as models, holding a pose while the other children draw or paint what they see.	<b>30</b> Have your child draw a picture of what he thinks describes and defines "December."	<b>31</b> Help your child create a time line of the last year.	<b>2009</b>	